

Energy Medicine Online Experience
Saturday, February 19th, 2022

10-11:30 am

Our Energy Source
What is Energy?
Understanding the Science
What this is NOT
Getting into God's Presence
Electromagnetic Hands
Energy Medicine Exercises
 Connecting with God
 Praise
 Growing Roots
 Connecting Heaven and Earth
 Heaven Rushing In
 King of Hearts

1-2:30 pm

Energy Medicine Exercises
 Caring for the Energy Body
 Wakeup Sleeper
 The Cross
 The Four Thumps
 Cross Crawl
 The Zip Ups – Governing and Central
 The Hook Up
 Weaving the Biofield
 Figure 8s
 Penetrating Flow
 Belt Flow
 Clearing the Gates

Saturday, February 26th, 2022

10-11:30 am

Energy Medicine Exercises
 The Emotions: Calm and Release
 God Points
 Crown Pull
 Five Seasons
 Visceral Massage
 Flowing Movement
 Neurovascular Holds

1-2:30 pm

The Emotions: Calm and Release
 Triple Warmer Reactivity Exercise
 Unscrambling
 Balancing the Energy Centers